About Adfam

Adfam is the national charity working to improve life for families affected by drugs and alcohol. We empower family members and carers, support front-line workers and influence decision-makers to stop this from happening.

We have 6,388 Twitter followers
Our tweets gained 616.7k impressions

Our website had 1,050,987 views
Our family support map was used 34,322 times

Our Facebook posts reached an average of 147 people
Our Facebook page is liked by 963 people on Facebook

Our monthly newsletter has 2,208 readers
We have worked with and supported over 1000 families affected by problematic substance use

- We organised monthly support and advocacy group sessions in London for those supporting a loved one with a dual diagnosis.
- We provided support and activities for families in Essex and Suffolk, and children of alcohol dependent parents in the London Borough of Haringey.
- We are working with One Recovery Bucks, in Buckinghamshire, to integrate family support across their treatment service.
- We provided updated, evidence led advice for families on our website.
- We directed families throughout the UK to local support with our family support map.
- We empowered women by training them to support other women who have also been affected by domestic abuse and substance use in their communities.
- We are working with kinship carers in Peterborough, and providing activities for them and the children in their care.
- We are developing support for the families of problem gamblers.
We have worked with and supported over 900 practitioners in drug, alcohol and family services

- We delivered our accredited training courses to 160 practitioners working with families affected by substance use across the country, as well as associated issues like child-parent abuse and domestic violence.
- We held 15 regional forums across England to promote inter-service collaboration and the spread of best practice.
- We ran a survey, open to all those working in family support services in England, in order to gain an understanding of the current state of the sector.
- We held an event, ‘Picking up the Pieces’, to explore the role of gender in caring responsibilities for substance misusers.
- In partnership with the University of York and Forces in Mind Trust we organised four events in different areas of the country to understand the issues facing families of veterans who are misusing substances.
- We launched a national peer buddying scheme for practitioners to support one another's development.
We have worked with over 300 strategic partners to effect positive structural change

- We commissioned a poll with YouGov which found that almost 1 in 3 people in Great Britain have been negatively affected by the substance use of someone they know.
- We launched our manifesto, detailing Adfam’s five key asks for Government to improve life for families.
- We held “It’s not that simple” a national conference exploring the multiple challenges facing families affected by substance use.
- We held a Parliamentary Fair as part of the Alcohol and Families Alliance to showcase the work of member organisations to parliamentarians whilst promoting the Alliance’s key policy asks.
- We gave evidence at a session of the cross-party Parliamentary task force on Kinship Care, as well as to the House of Commons Health and Social Care Committee’s drug policy inquiry and our input was featured in their report.
- We ran survey for families of former members of the UK Armed forces with substance misuse problems in partnership with University of York and Forces in Mind Trust, to find out about their needs and experiences.
- We held storytelling workshops for family members to share their lived experience and inform our campaigning strategy.