

**Peer support & advocacy group for families and affected others of someone with a dual diagnosis (co-existing substance misuse & mental ill health): London**



*Adfam is the national charity working to improve life for families affected by drugs and alcohol*

*Dual diagnosis is the term we use to describe people who have co-existing substance misuse problems and mental ill health*

Do you have a loved one who uses drugs or alcohol and also struggles with a mental health problem? People with a dual diagnosis often fail to get the support they need and can fall between the gaps of drug and alcohol and mental health services. This puts further pressure on families, often affecting their wellbeing and causing them to feel increasingly isolated. We want to change this – using your stories and your voices!

**We are setting up a group in London for families affected in this way to:**

- offer peer support in a friendly and safe space
- develop an exciting advocacy programme to engage and influence key decision makers such as MPs and commissioners in local authorities.

The group will consist of around 8-10 family members, and two Adfam members of staff. We meet in central London, near King's Cross station, please sign up to find out the address.

**All family members affected in this way are welcome to join. To sign up or if you have any questions please contact Rob Stebbings: [r.stebbing@adfam.org.uk](mailto:r.stebbing@adfam.org.uk) / 020 3817 9410.**