What we do

Adfam is the national charity working to improve life for families affected by drugs and alcohol. Drug and alcohol use can threaten and ultimately destroy family relationships and wellbeing. We empower family members and carers, support frontline workers and influence decision-makers to stop this from happening.

Sign up to newsletter via our website for updates.

Our reach

We have 5,807 twitter followers

85,697 people have used our website

We have been liked 786 times

Our monthly newsletter has 1,835 readers
We have worked with and supported over 1,000 families affected by problematic substance use

- We facilitated peer support between parents experiencing abuse from a substance misusing child and between those supporting a loved one with a dual diagnosis.
- We worked with London Friend to support the families and friends of LGBT people affected by drugs and alcohol or who are engaging in chemsex.
- We provided support and activities for children living with kinship carers in Peterborough, families in Essex and young people in Newham.
- We provided updated, evidence led advice for families on our website, and we directed families throughout the UK to local support with our family support map.
- We empowered women to support other women who are affected by domestic abuse and substance use in their communities.
We have worked with and supported over 1,000 practitioners in drug, alcohol and family services

- We delivered our accredited training courses to practitioners working with families affected by substance use across the country
- We launched a resource on Opioid Substitute Treatment (OST) for practitioners to use when supporting parents affected by substance use and their children
- We launched a resource on hepatitis C for practitioners to use when supporting families affected by hep C, and held roadshow events to promote awareness of the impact on family life
- We are working with One Recovery Bucks to integrate family support across their treatment service
- We held 19 regional forums across England to promote inter-service collaboration and the spread of best practice
We have worked with over 600 strategic partners to effect positive structural change

- We launched #StigmaMakesMeFeel, an online campaign to raise awareness of the stigma facing families affected by substance use
- We held discussion roundtable events on the topics of kinship care, complex loss and complex needs as well as on gender and caring
- We launched the policy report Families First as part of the Alcohol & Families Alliance. Our recommendations are regularly mentioned in Parliament, and feature in the opposition’s manifesto
- We held InterAction, a conference in London to promote the interplay and exchange of knowledge and ideas around substance use

Adfam looks forward to supporting families and influencing change for years to come.