About us

Adfam is the national charity working to improve life for families affected by drugs and alcohol.

Drug and alcohol use can threaten and ultimately destroy family relationships and wellbeing.

We empower family members and carers, support frontline workers and influence decision-makers to stop this happening.

Our Communication

Our social media

- We have 3,915 Twitter followers
- Our Tweets gained 364,100 impressions
- We had 14,193 visits on our Twitter profile

- We have 255 Facebook likes
- Our Facebook posts reach an average of 129 people each

Our website

- We had 89,000 web users
- We had 372,000 views
- 11,000 people accessed peer support through our “Share your story” pages

Our newsletter

- We sent eight policy and practice newsletters to our 1,656 supporters

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We have supported and worked with over 1,000 family members affected by drug or alcohol use. This has included:

1. Dedicated peer support volunteers in our community projects in the London Borough of Greenwich and across London and the North East, and through our national bereavement and domestic abuse projects

2. Support and information sessions in Essex and Greenwich

3. Consulting families through community research projects exploring couple relationships and the family experience of hepatitis C and dependent drinking

4. Signposting family members across the UK through our national map of services
We have supported and worked with over 1,660 practitioners who support those families. This has included:

1. Twenty-four regional forums in seven regions of England

2. Fifteen multi-disciplinary workshops with local authorities developing support pathways for families of dependent drinkers

3. Speaking at local and national conferences and seminars

4. Research interviews with service managers, volunteers and other workers on the frontline for our “State of the Sector” work
We have worked directly with over 330 strategic partners to effect positive structural change for those families. This has included:

1. Giving evidence at parliamentary meetings

2. Good practice forums with substance use commissioners

3. Holding a public inquiry with the Institute of Alcohol Studies, under the Alcohol and Families Alliance banner, into the effects on children of parental drinking

4. Responding to consultations on: updating the National Drug Treatment Monitoring System; gathering evidence on commissioning practice for smaller voluntary sector organisations; and the government’s Life Chances Strategy
Our highlights

1. Updating our “Journeys” series of eight practical support booklets for family members

2. Starting our first major project with substance using parents and their children, in the London Borough of Newham and funded by the Big Lottery Fund

3. Securing funding from Children in Need to expand our work in Peterborough with young people affected by substance use and their kinship carers

4. Moving to new sunny offices near Bloomsbury!