About us

Adfam is the national charity working to improve life for families affected by drugs and alcohol.

Drug and alcohol use can threaten and ultimately destroy family relationships and wellbeing.

We empower family members and carers, support frontline workers and influence decision-makers to stop this happening.

Our communication

Our social media

We have 4,952 Twitter followers

Our Tweets gained 721,800 impressions

We had 33,200 visits on our Twitter profile

We have 534 Facebook likes

Our Facebook posts reach an average of 839 people each

Our website

We had 92,000 web users

We had 386,000 views

14,817 people used our family support map

Our newsletter

We sent ten editions of "The Family Angle" to our 1,576 supporters
We have supported and worked with over 1,300 family members affected by drug or alcohol use. This has included:

1. Facilitating peer support for parents who experience abuse from their substance misusing child

2. Support and activities for kinship carers in Peterborough and families in Essex and the London Boroughs of Newham and Greenwich

3. Peer support for families bereaved through drug or alcohol use as part of our BEAD project with Cruse Bereavement Care

4. Signposting families across the UK through our family support map
We have supported and worked with over 1,500 practitioners who support those families. This has included:

1. Holding twenty-two regional forums in seven regions of England

2. Launching "Making it Happen", a guide for commissioners and service managers on how the needs of families can be effectively met

3. Beginning to work in partnership with Inclusion, the treatment provider in Buckinghamshire, to shape and embed family support at every level

4. Holding information sessions in Bristol, Manchester and Birmingham to promote the needs of families bereaved through drugs or alcohol
We have worked with 750 strategic partners to effect positive structural change for those families. This has included:

1. Carrying out groundbreaking research into the impact of dual diagnosis on families, using the testimony of over 50 family members to advocate for better support.

2. Launching our Alcohol and Families Alliance "Like Sugar for Adults" report in Parliament, focused on the impacts of parental drinking on children.

3. Holding roundtable events on key issues including complex loss/bereavement and families' experience of dual diagnosis and problem gambling.

4. Working with media partners to share positive stories of family members.
Our direct impact

Of the family members that Adfam worked with and supported in 2017:

• 96% felt we provided them with useful information & advice
• 85% said we helped to improve their emotional wellbeing
• 87% increased their support networks and felt less isolated
• 92% felt able to share their experiences and listened to

Of the volunteers that worked with and supported Adfam during 2017:

• 89% increased their knowledge and skills
• 100% felt that volunteering improved their emotional wellbeing