

## What other help is out there?

There are a number of organisations supporting families like yours. Below are the details of some you might find helpful:

**Adfam:** has a website with lots of useful information around the impact of drugs and alcohol on families. You can also find details of local support groups [www.adfam.org.uk](http://www.adfam.org.uk)

**Grandparents Plus:** provides support to grandparents and other family members who are caring for a child. They also have local support groups, details are on their website [www.grandparentsplus.org.uk](http://www.grandparentsplus.org.uk) and an advice line – 0300 123 7015

**Family Rights Group:** is a charity that works with parents offering legal and practical advice to families when social services are involved with their children including kinship care. See website [www.frg.org.uk](http://www.frg.org.uk) and freephone number 0808 801 0366 for details.

### Other helpful websites:

[www.kinshipcarers.co.uk](http://www.kinshipcarers.co.uk)

[www.splittingup-putkidsfirst.org.uk](http://www.splittingup-putkidsfirst.org.uk)

[www.familylives.org.uk](http://www.familylives.org.uk)

[www.minded.org.uk](http://www.minded.org.uk)

[www.offendersfamilieshelpline.org](http://www.offendersfamilieshelpline.org) or you can call the helpline on 0808 8082003.

## Contact Us:

Adfam  
Peterborough

Tel: 07753 218472



## Adfam Kinship Care Support Service

Supporting family and friends who are caring for a child whose parent is unable to do so.

Families, drugs and alcohol

## **Who are Adfam?**

Adfam are a charity who support families affected by a loved one's drug or alcohol misuse. Adfam has been supporting families since 1984, providing information, advice and support to maintain and improve family relationships which can be badly affected when alcohol, drugs and imprisonment are involved.

From 2014, Adfam has started providing this service specifically to support kinship carers and the children they are caring for.

## **Am I a kinship carer?**

If you are caring for a relative or friend's child, you are a kinship carer. Kinship carers are also sometimes referred to as 'Family and Friend Carers'.

If the parent of the child you are caring for is unable to care for them for whatever the reason then we can help you.

## **How can you help me and my family?**

We aim to support you in a way that makes the situation easier for you and the child you are caring for. We are able to help with the following:

- Emotional support
- Advice and support with arranging/ managing contact
- Advice and support around maintaining relationships with the parent
- Benefits and debts
- Housing
- Employment and childcare
- Registering and communicating with schools and nurseries
- Accessing other services
- Accessing grants for essentials such as cookers, beds, clothes and Foodbank vouchers

We can support you by phone, e-mail, face to face and, depending on where you live, we can visit you at home.

## **How can I be referred?**

There are several ways that you can be referred to our service:

- If you are already getting support from another professional, they can complete a referral form;
- The child's parent can contact Adfam and make a request for our kinship care support worker to contact you;
- Or you can contact us yourself and we can take a referral over the phone.

You are welcome to give us a call for an informal chat to see if our service is right for you.