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| **Gary Seaman Award 2024 This year’s award will celebrate the outstanding commitment of volunteers helping families affected by alcohol, drugs and gambling** |
| Do you know a volunteer who has made all the difference to someone struggling to deal with the effects of a family member or loved one’s drinking, drug use or gambling? This award, in memory of Gary Seaman, is a chance for that outstanding volunteer to be recognised, celebrated and awarded.  This year’s winner will be invited to and presented with a prize at Adfam’s Christmas Carol Concert in London on Thursday 12th December 2024.  This year we are specifically celebrating the contributions and commitment of volunteers. If you would like to nominate a volunteer for this award please use the form below. Nominations are welcome from both families that have received support, or from those wishing to recognise a colleague. Please send submissions to [admin@adfam.org.uk](mailto:admin@adfam.org.uk)  **Gary Seaman** Gary Seaman provided many years of dedicated work to support carers and those impacted by the effects of substance misuse in the London Borough of Lewisham and beyond. Sadly he died in June 2013, aged just 53. His partner Michael and two sons, Alex and Luca, chose Adfam as the charity to honour Gary's memory due to his close association with the organisation and it was decided that the most appropriate way to do this was through this annual award.  Vivienne Evans OBE, Adfam’s Chief Executive, said of Gary "*he was one of Adfam's most faithful and vocal supporters. He would always be available for interviews, photographs and focus groups, giving the all-important perspective of a family member affected by substance misuse. That willingness, both to participate and to speak out, made a vital contribution to our work; it is very much appreciated, and will be sadly missed.*  *Adfam’s work as the national voice of the family benefitted from the passion and commitment which Gary demonstrated. This benefit was enjoyed not only by our organisation, but by the thousands of families everywhere who find themselves affected by addiction. It is only by speaking out from behind the stigma which attaches itself to families in this position that we will be able to create a national movement which campaigns for more recognition and support.*  *Gary’s untimely death leaves a sadness and a loss. He will, however, always be part of Adfam and will be remembered with great affection as a friend and supporter, as a campaigner and an example to us all.*”  **Adfam** Adfam is the leading families and addiction charity in England. We are here for all the millions of people affected by someone else’s drinking or drug use. These people are children, parents, friends, partners, siblings and grandparents. Our vision at Adfam is that family members affected by substance use or gambling are heard, valued and have access to support; that’s why we do what we do. |

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| **Your details** | |
| Name |  |
| Email |  |
| Relationship to nominee |  |

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| **Nominee details** | |
| Name |  |
| Service |  |
| Time spent working with families |  |
| Reason for nomination: what difference has this person made?  (500 words max) |  |
| **Prize details** | |
| 1. The prize is open for nomination for any volunteer in the UK who has supported families affected by drugs, alcohol or gambling. 2. The winner of the Gary Seaman Award 2024 will be invited to Adfam’s Christmas Carol Concert 2024 at St Bride’s Church, Fleet St, London to be presented with a prize. | |
| **Terms and conditions**   1. All nominations must be received by 12 noon Wednesday 13 November 2024. 2. Submission must be limited to 500 words. 3. Adfam recognises families’ rights to privacy. If you would like to remain anonymous please let us know and we will respect this, but you must still include your name and email address in case we need to contact you to get more information on the nominee. | |